



This is an update to your current healthcare benefits. Please keep it with your Member Handbook.

On <December 31, 2022>, the Medline deluxe electric breast pump kit will stop being a value-added service. If you are pregnant, you can get a breast pump with a prescription from your doctor.

In addition, updates to your benefits on <October 1, 2022>, may include the following:

- Call Access2Care for rides to dental appointments. Note your dental appointments may not be covered.
- To help quit tobacco, counseling or nicotine replacement therapy (NRT) programs are available.
- To help cover an annual Boys & Girls Club membership, children ages 5–18 in grades K–12 may now qualify for a \$30 allowance.

The chart below shows the full details.

<p>COUNSELING TO HELP YOU QUIT USING TOBACCO</p> <p>Who is eligible: All Wellpoint members ages 11 or older who use tobacco</p>	<p>Quitting smoking or using other tobacco products is a big step to take toward a healthier lifestyle. Wellpoint offers a free counseling program to help. Our program includes:</p> <ul style="list-style-type: none"> • Unlimited calls to a health coach for tips and advice. • Educational materials — both printed and online. 	<p>Call 833-731-2140 (TTY 711) to join our stop-smoking program.</p>
<p>NICOTINE REPLACEMENT THERAPY (NRT) TO HELP YOU QUIT USING TOBACCO</p> <p>Who is eligible: All Wellpoint members ages 18 or older who use tobacco</p>	<p>Wellpoint offers nicotine replacement therapy (NRT) products, which include over-the-counter nicotine replacement in the form of patches, gum, or lozenges. They are delivered directly to your home.</p>	<p>Call Member Services at 833-731-2140 (TTY 711) to join our stop-smoking program.</p>
<p>BOYS & GIRLS CLUB MEMBERSHIP</p> <p>Who is eligible:</p>	<p>Children should have a safe place to get active, make friends, and have fun. Boys & Girls Clubs</p>	<p>Log on to the Benefit Reward Hub to redeem your value-added services and</p>

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<p>Annual membership for school-age members, ages 5–18 in grades K–12 at participating Boys & Girls Clubs</p> <p>Limit one per member per year.</p>	<p>offer all of this and more to kids in your community. With Wellpoint, you can get a \$30 allowance to cover the cost of the annual Boys & Girls Club membership in your community.</p>	<p>view the benefits you're eligible for at wellpoint.com/ia/medicaid, or call Member Services at 833-731-2140 (TTY 711). Limitations and restrictions apply. Benefits may change.</p>
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You can view these benefits and others in the *Member Handbook* at **wellpoint.com/ia/medicaid**.

If you have questions, you can send us a secure message by logging in to your account at **wellpoint.com/ia/medicaid**. You also can call Member Services at **833-731-2140 (TTY 711)**, Monday through Friday, 7:30 a.m. to 6 p.m. Central time.