

# Clinical Practice Guidelines

Maryland | Commercial

## Table of contents

Adult health Infectious disease Pediatric/adolescent health Substance use Women's health Other technology

Date reviewed January 2024

Date adopted February 2024

Updated:

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all lines of business

#### https://provider.wellpoint.com

Coverage provided by Wellpoint Maryland, Inc. MDWP-CM-074006-24-CPN73770 | January 2025

## *Clinical Practice Guidelines* Page 2 of 27

Condition/disease	Guideline title	Recognized source(s)	URL
Adult health — Note: M	1ultiple documents also di	scuss the management of the referenced	d condition in the pediatric population.
Adjustment Disorder	Adjustment Disorder (2017)	John Hopkins Medicine	https://hopkinsguides.com/hopkins/view/J ohns_Hopkins_Psychiatry_Guide/787068/all /Adjustment_Disorder#3.0
Alzheimer's	Health Systems and	Alzheimer's Association	https://alz.org/professionals/health-
Disease/Dementia	Medical Professionals Resource Site		systems-medical-professionals
Alzheimer's Disease/Dementia	American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (July 2018)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.117 6/appi.books.9780890426807
Anxiety	Anxiety Disorders (Last Revised July 2018)	National Institute of Mental Health (NIMH)	http://nimh.nih.gov/health/publications/a nxiety-disorders/treatment-of-anxiety- disorders.shtml
Appendicitis	Diagnosis and Treatment of Acute Appendicitis: 2020 Update of the WSES Jerusalem Guidelines	World Society of Emergency Surgery (WSES)	https://wses.org.uk/wp- content/uploads/2020/04/acute- appendicitis-update.pdf
Asthma	Guidelines for the Diagnosis and Management of Asthma (EPR-3) (August 2007)	National Heart, Lung and Blood Institute (NHLBI)	https://nhlbi.nih.gov/health- topics/guidelines-for-diagnosis- management-of-asthma

Condition/disease	Guideline title	Recognized source(s)	URL
Asthma	2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group	National Heart, Lung and Blood Institute (NHLBI)	https://nhlbi.nih.gov/health-topics/all- publications-and-resources/2020-focused- updates-asthma-management-guidelines
Asthma	Asthma Clinical Practice Guidelines (2023)	Global Initiative for Asthma (GINA)	https://ginasthma.org/
Atopic Dermatitis	Guidelines of Care for the Management of Atopic Dermatitis (Last updated 2023)	American Academy of Dermatology	https://aad.org/member/clinical- quality/guidelines/atopic-dermatitis
Behavioral Health Screening, Assessment, and Treatment	The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.117 6/appi.books.9780890426760.pe02
Behavioral Health Screening, Assessment, and Treatment	National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (2020)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://samhsa.gov/sites/default/files/nati onal-guidelines-for-behavioral-health- crisis-care-02242020.pdf

Condition/disease	Guideline title	Recognized source(s)	URL
Bipolar Disorder* * Addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://canmat.org/2019/03/27/2018- bipolar-guidelines/
Coronary Artery Disease (CAD)	AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update)	American Heart Association/American College of Cardiology Foundation (AHA/ACCF)	https://ahajournals.org/doi/pdf/10.1161/Cl R.0b013e318235eb4d
Coronary Artery Disease (CAD)	Treatment of Hypertension in Patients with Coronary Artery Disease (March 2015)	American Heart Association, American College of Cardiology, and American Society of Hypertension	https://ahajournals.org/doi/pdf/10.1161/Cl R.000000000000207
Coronary Artery Disease (CAD)	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women- 2011 Update (February 2011)	American Heart Association (AHA)	https://ahajournals.org/doi/pdf/10.1161/Cl R.0b013e31820faaf8
Coronary Artery Disease (CAD)	ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	https://jacc.org/doi/pdf/10.1016/j.jacc.2019. 03.010

Condition/disease	Guideline title	Recognized source(s)	URL
Coronary Artery	2021	American College of	https://jacc.org/doi/pdf/10.1016/j.jacc.2021.
Disease (CAD)	AHA/ACC/ASE/CHEST/S	Cardiology/American Heart	07.053
	AEM/	Association/Society of Cardiovascular	
	SCCT/SCMR Guideline	Computed Tomography /Society for	
	for the	Academic	
	Evaluation and	Emergency Medicine /Society for	
	Diagnosis of Chest	Cardiovascular Magnetic Resonance	
	Pain	/American College of Chest Physicians	
		/American Society of	
		Echocardiography /American Heart	
Coronary Artery	2021 ACC/AHA/SCAI	American College of Cardiology	https://jacc.org/doi/10.1016/j.jacc.2021.09.0
Disease (CAD)	Guideline for	/American Heart Association /Society	06?_ga=2.60669549.1356655696.164150590
	Coronary Artery	for Cardiovascular Angiography and	0-317854238.1639608139
	Revascularization	Interventions	
Celiac Disease	ACG Clinical	American College of Gastroenterology	https://journals.lww.com/ajg/fulltext/2023
	Guidelines: Diagnosis		/01000/%20merican_college_of_gastroent
	and Management of		erology_guidelines.17.aspx
	Celiac Disease		
	(January 2023)		
Chronic Kidney	The National Kidney	National Kidney Foundation	https://kidney.org/professionals/guideline
Disease (CKD)	Foundation Kidney		s/guidelines_commentaries
	Disease Outcomes		
	Quality Initiative (NKF		
	KDOQI)™ evidence-		
	based clinical practice		
	guidelines for all		
	stages of chronic		
	kidney disease (CKD)		
	and related		
	complications		
Chronic Kidney	Chronic Kidney	American Academy of Family	https://aafp.org/afp/2017/1215/p776.html
Disease (CKD)	Disease: Detection and	Physicians (AAFP)	
	Evaluation		
	(2017)		

Condition/disease	Guideline title	Recognized source(s)	URL
Chronic Kidney Disease (CKD)	KDIGO (Kidney Disease Improving Global Outcomes) 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (January 2013)	International Society of Nephrology	https://kdigo.org/guidelines/ckd- evaluation-and-management/
Chronic Kidney Disease (CKD)	KDIGO (Kidney Disease Improving Global Outcomes) 2017 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (July 2017)	International Society of Nephrology	https://kdigo.org/wp- content/uploads/2017/02/2017-KDIGO-CKD- MBD-GL-Update.pdf
Chronic Obstructive Pulmonary Disease (COPD)	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	http://goldcopd.org/gold-reports/
Depression	Depression in Adults: Screening (June 2023)	U.S. Preventive Services Task Force (USPSTF)	Recommendation: Depression and Suicide Risk in Adults: Screening   United States Preventive Services Taskforce (uspreventiveservicestaskforce.org)
Depression	CANMAT Clinicians Guidelines 2016 Depression Guidelines	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://canmat.org/2019/03/17/2016- depression-guidelines/

Condition/disease	Guideline title	Recognized source(s)	URL
Depression	Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder: A Clinical Practice Guideline from the American College of Physicians (2016)	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2490527/ nonpharmacologic-versus-pharmacologic- treatment-adult-patients-major- depressive-disorder- clinical?_ga=2.240375883.977749235.1576523 219-1562492790.1557437793
Depression	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://apa.org/depression- guideline/guideline.pdf
Diabetes	Standards of Medical Care in Diabetes (2024)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/47/ Supplement_1
Eating Disorders	Practice Guideline for the Treatment of Patients with Eating Disorders Fourth Edition (2023)	American Psychiatric Association (APA)	https://ajp.psychiatryonline.org/doi/pdf/10 .1176%2Fappi.ajp.23180001
Eosinophilic Esophagitis	AGA Institute and the Joint Task Force on Allergy-Immunology Practice Parameters Clinical Guidelines for the Management of Eosinophilic Esophagitis (2020)	American Gastroenterological Association (AGA)	https://gastrojournal.org/action/showPdf? pii=S0016-5085%2820%2930265-1

## *Clinical Practice Guidelines* Page 8 of 27

Condition/disease	Guideline title	Recognized source(s)	URL
Gender- Dysphoria/Incongruen ce	Endocrine Treatment of Gender- Dysphoric/Gender- Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017)	The Endocrine Society	https://academic.oup.com/jcem/article/10 2/11/3869/4157558?login=true
Gender- Dysphoria/Incongruen ce	Correction to Clinical Practice Guideline (February 2018)	The Endocrine Society	https://academic.oup.com/jcem/article/10 3/2/699/4675081
Gender- Dysphoria/Incongruen ce	Correction to Clinical Practice Guideline (July 2018)	The Endocrine Society	https://academic.oup.com/jcem/article/10 3/7/2758/5036711
Gender- Dysphoria/Incongruen ce	Standards of Care for the Health of Transgender and Gender Diverse People, Version 8	World Professional Association for Transgender Health (WPATH)	https://wpath.org/publications/soc
Fall Risk	Falls Prevention in Community-Dwelling Older Adults: Interventions	U.S. Preventive Services Task Force (USPSTF)	https://uspreventiveservicestaskforce.org/ Page/Document/RecommendationStatem entFinal/falls-prevention-in-older-adults- interventions1
Fall Risk	Evidence-Based Falls Prevention Programs: Resources for Professionals and Advocates	National Council on Aging	https://ncoa.org/older- adults/health/prevention/falls-prevention

Condition/disease	Guideline title	Recognized source(s)	URL
Heart Failure (HF)	2022 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/Heart Failure Society of America (ACCF/AHA/HFSA)	https://ahajournals.org/doi/epub/10.1161/C IR.000000000001063
Heart Failure (HF)	ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/Heart Failure Society of America (ACCF/AHA/HFSA)	http://onlinejacc.org/content/70/6/776?_ga =2.23313085.667318568.1514996759- 679389624.1511900706
Hyperlipidemia	2018 AHA/ACC/AACVPR/A APA/ABC/ACPM/ADA/ AGS/APhA/ASPC/NLA /PCNA Guideline on the Management of Blood Cholesterol (June 2019)	American College of Cardiology/American Heart Association/American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists Association/American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/ ADA/AGS/APhA/ASPC/NLA/PCNA)	https://acc.org/~/media/Non- Clinical/Files-PDFs-Excel-MS-Word- etc/Guidelines/2018/Guidelines-Made- Simple-Tool-2018-Cholesterol.pdf

Condition/disease	Guideline title	Recognized source(s)	URL
Hypertension	ACC/AHA/AAPA/ABC/A CPM/AGS/APhA/ASH/A SPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017)	American College of Cardiology (ACC)/American Heart Association (AHA)/American Academy of Physician Assistants (AAPA)/Association of Black Cardiologists (ABC)/American College of Preventive Medicine (ACPM)/American Geriatrics Society (AGS)/American Pharmacists Association (APhA)/American Society of Hypertension (ASH)/American Society for Preventive Cardiology (ASPC)/National Medical Association (NMA)/Preventive Cardiovascular Nurses Association (PCNA)	http://onlinejacc.org/content/early/2017/11 /04/j.jacc.2017.11.006?sso=1andsso_redirect _count=1andaccess_token=
Hypertension	Correction to Guideline (May 2018)	American College of Cardiology (ACC)/American Heart Association (AHA)/American Academy of Physician Assistants (AAPA)/Association of Black Cardiologists (ABC)/American College of Preventive Medicine (ACPM)/American Geriatrics Society (AGS)/American Pharmacists Association (APhA)/American Society of Hypertension (ASH)/American Society for Preventive Cardiology (ASPC)/National Medical Association (NMA)/Preventive Cardiovascular Nurses Association (PCNA)	http://onlinejacc.org/content/71/19/2275

Condition/disease	Guideline title	Recognized source(s)	URL
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (2017)	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2603228 /noninvasive-treatments-acute-subacute- chronic-low-back-pain-clinical- practice?_ga=2.247433220.1028399561.15754 92235-1562492790.1557437793
Obesity	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions (September 2018)	U.S. Preventive Services Task Force (USPSTF)	https://uspreventiveservicestaskforce.org/ uspstf/recommendation/obesity-in-adults- interventions
Obesity	AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (November 2013)	American College of Cardiology (ACC)/American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	http://circ.ahajournals.org/content/early/2 013/11/11/01.cir.0000437739.71477.ee
Oppositional Defiant Disorder (ODD)	Common Questions about Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	https://aafp.org/dam/brand/aafp/pubs/af p/issues/2016/0401/p586.pdf
Post-Traumatic Stress Disorder (PTSD)	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017)	American Psychological Association (APA)	https://apa.org/ptsd-guideline

Condition/disease	Guideline title	Recognized source(s)	URL
Post-Traumatic Stress Disorder (PTSD)	VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2024)	Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group	https://healthquality.va.gov/guidelines/M H/ptsd/VA-DoD-CPG-PTSD-Full- CPGAug242023.pdf
Post-Traumatic Stress Disorder (PTSD)	PTSD Screening Instruments	Department of Veterans Affairs: PTSD: National Center for PTSD	https://ptsd.va.gov/professional/assessme nt/screens/index.asp
Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis	American College of Rheumatology (ACR)	https://assets.contentstack.io/v3/assets/bl tee37abb6b278ab2c/blt9e44ccb701e1918c/ 63360f6775c0be225b8d943a/ra-guideline- 2021.pdf
Rhinitis	Rhinitis 2020: A practice parameter update	American Academy of Allergy, Asthma, and Immunology (AAAAI)	https://jacionline.org/action/showPdf?pii= S0091-6749%2820%2931023-X
Schizophrenia	Practice Guideline for the Treatment of Patients with Schizophrenia 3 <sup>rd</sup> edition (2021)	American Psychiatric Association (APA)	https://s21151.pcdn.co/wp- content/uploads/APA-Practice-Guideline- for-the-Trmt-of-Patients-with- Schizophrenia-3rd-Edition-SRC-1-8-21- CMMC-1.pdf
Schizophrenia	VA/DoD Clinical Practice Guideline for Management of First-Episode Psychosis and Schizophrenia	Veterans Administration/Department of Defense (VA/DoD)	https://healthquality.va.gov/guidelines/M H/scz/VADoDCPGSchizophreniaCPG_Final_ 508.pdf

Condition/disease	Guideline title	Recognized source(s)	URL
Sickle Cell Anemia	American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain	American Society of Hematology	https://ashpublications.org/bloodadvance s/article/4/12/2656/460974/
Suicide Risk	SAFE-T: Suicide Assessment Five Step Evaluation and Triage	Suicide Prevention Resource Center (SPRC)	https://samhsa.gov/resource/dbhis/safe-t- pocket-card-suicide-assessment-five-step- evaluation-triage-safe-t-clinicians
Suicide Risk	Assessment and Management of Patients at Risk for Suicide (2019)	Veterans Administration/Department of Defense (VA/DoD)	https://healthquality.va.gov/guidelines/m h/srb/index.asp
Surgery	Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)	Agency for Healthcare Research and Quality (AHRQ)	https://ajog.org/article/S0002- 9378(18)30583-0/pdf
Surgery	Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017)	AHRQ	https://ncbi.nlm.nih.gov/pubmed/28797562

Condition/disease	Guideline title	Recognized source(s)	URL
Surgery	Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)	AHRQ	https://journals.sagepub.com/doi/pdf/10.1 177/2151458518754451
Trauma Care	A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (2014)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/product/Trauma- Informed-Care-in-Behavioral-Health- Services/SMA15-4420
Trauma Care	Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/?f%5B0%5D=seri es%3A1078
Infectious disease	T		
Chlamydia/Human Papillomavirus (HPV)	Sexually Transmitted Diseases Treatment Guidelines (2021)	Center for Disease Control and Prevention (CDC)	https://cdc.gov/std/default.htm
Hepatitis B	AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015)	American Association for the Study of Liver Diseases (AASLD)	https://aasldpubs.onlinelibrary.wiley.com/ doi/epdf/10.1002/hep.28156

Condition/disease	Guideline title	Recognized source(s)	URL
Hepatitis B	Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)	American Association for the Study of Liver Diseases (AASLD)	https://ncbi.nlm.nih.gov/pmc/articles/PMC 5975958/pdf/nihms957253.pdf
Hepatitis C	HCV Guidance: Recommendations for Testing, Managing, and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/American Association for the Study of Liver Disease (AASLD)	http://hcvguidelines.org/
Hepatitis C	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (2017)	World Health Organization (WHO)	https://who.int/publications/i/item/978924 1550345
HIV/AIDS	Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America (2020)	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	https://idsociety.org/practice- guideline/primary-care-management-of- people-with-hiv/
HIV/AIDS	HIV Guidelines	Centers of Disease Control and Prevention (CDC)	https://cdc.gov/hiv/guidelines/index.html

Condition/disease	Guideline title	Recognized source(s)	URL
HIV/AIDS	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living with HIV (2017)	Infectious Diseases Society of America	https://idsociety.org/globalassets/idsa/pr actice-guidelines/2017-hivma-of-idsa- clinical-practice-guideline-for-the- management-of-chronic-pain-in-patients- living-with-hiv.pdf
HIV/AIDS	HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV (2013)	World Health Organization (WHO)	https://who.int/publications/i/item/978924 1506168
Lyme Disease	Clinical Practice Guidelines by the Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR): 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease	Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR)	https://idsociety.org/practice- guideline/lyme-disease/#null
Upper Respiratory Infections	Treatment of the Common Cold (2019)	American Academy of Family Physicians (AAFP)	https://aafp.org/pubs/afp/issues/2019/090 1/p281.html
Upper Respiratory Infections	Adult Outpatient Treatment Recommendations (Last reviewed October 3, 2017)	Centers for Disease Control and Prevention (CDC)	https://cdc.gov/antibiotic- use/clinicians/adult-treatment-rec.html

Condition/disease	Guideline title	Recognized source(s)	URL
Upper Respiratory Infections	Pediatric Outpatient Treatment Recommendations (Last reviewed February 1, 2017)	Centers for Disease Control and Prevention (CDC)	https://cdc.gov/antibiotic- use/clinicians/pediatric-treatment-rec.html
Upper Respiratory Infections	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 (Document updated on a regular basis)	Infectious Diseases Society of America	https://idsociety.org/practice- guideline/covid-19-guideline-treatment- and-management/
Tuberculosis	Treatment of Drug- Resistant Tuberculosis. An Official ATS/CDC/ERS/IDSA Clinical Practice Guideline (2019)	American Thoracic Society (ATS), the Centers for Disease Control and Prevention (CDC), the European Respiratory Society, and Infectious Diseases Society of American (IDSA)	https://idsociety.org/practice- guideline/treatment-of-drug-resistant- tb/#null
Pediatric/adolescent h	ealth		
Adjustment Disorder	Adjustment Disorder: Collection of Evidence- Based Practices, 7 <sup>th</sup> Edition	Virginia Commission on Youth	http://vcoy.virginia.gov/009%20adj.pdf
Anxiety	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020)	American Academy of Adolescent Psychiatry	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders - Journal of the American Academy of Child and Adolescent Psychiatry (jaacap.org)

## *Clinical Practice Guidelines* Page 18 of 27

Condition/disease	Guideline title	Recognized source(s)	URL
Attention Deficit Hyperactivity Disorder (ADHD)	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention- Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/con tent/144/4/e20192528
Autism	Identification Evaluation and Management of Children with Autism Spectrum Disorder (January 2020)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/con tent/pediatrics/early/2019/12/15/peds.2019 -3447.full.pdf
Celiac Disease	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	http://naspghan.org/files/documents/pdfs /position- papers/celiac_guideline_2004_jpgn.pdf
Depression	Depression and Suicide Risk in Children and Adolescents: Screening (October 2022)	U.S. Preventive Services Task Force (USPSTF)	https://uspreventiveservicestaskforce.org/ uspstf/recommendation/screening- depression-suicide-risk-children- adolescents

Condition/disease	Guideline title	Recognized source(s)	URL
Depression	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://apa.org/depression- guideline/guideline.pdf
Hypertension in	Clinical Practice	American Academy of Pediatrics	https://publications.aap.org/pediatrics/art
Children and Adolescents	Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017)	(AAP)	icle/140/3/e20171904/38358/Clinical- Practice-Guideline-for-Screening-and
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity (January 2023)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/art icle/doi/10.1542/peds.2022- 060640/190443/Clinical-Practice- Guideline-for-the-Evaluation- and?autologincheck=redirected
Obesity	Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity (July 2015)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/cont ent/early/2015/06/23/peds.2015-1558
Oppositional Defiant Disorder (ODD)	Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017)	National Institute of Health (NIH) PubMed	https://ncbi.nlm.nih.gov/pmc/articles/PMC 5950520/

## *Clinical Practice Guidelines* Page 20 of 27

Condition/disease	Guideline title	Recognized source(s)	URL
Pharmacologic Monitoring of Antipsychotics	Evidence-Based Recommendations for Monitoring Safety of Second Generation	Canadian Institutes of Health Research	https://ncbi.nlm.nih.gov/pmc/articles/PMC 3143700/pdf/ccap20_3p218.pdf
	Antipsychotics in Children and Youth (2011)		
Substance use			
Substance Use Disorder	The ASAM Criteria: Treatment Criteria for	American Society of Addiction Medicine	https://asam.org/asam-criteria
	Addictive, Substance- Related, and Co- occurring Conditions, Volume 1: Adults. 4th ed		Note: document requires purchase
Substance Use Disorder	Medication-Assisted Treatment of Adolescents with Opioid Use Disorders (September 2016)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/art icle/138/3/e20161893/52715/Medication- Assisted-Treatment-of-Adolescents-With
Substance Use Disorder	American Society of Addiction Medicine Consensus Statement - Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019)	American Society of Addiction Medicine	https://asam.org/quality-care/clinical- guidelines/drug-testing
Substance Use Disorder	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018)	U.S. Preventive Services Task Force (USPSTF)	https://uspreventiveservicestaskforce.org/ Page/Document/UpdateSummaryFinal/un healthy-alcohol-use-in-adolescents-and- adults-screening-and-behavioral- counseling-interventions

Condition/disease	Guideline title	Recognized source(s)	URL
Substance Use	CDC Guideline for	Centers for Disease Control and	https://cdc.gov/mmwr/volumes/71/rr/rr710
Disorder	Prescribing Opioids for Chronic Pain — United States	Prevention (CDC)	3a1.htm?s_cid=rr7103a1.htm_w
	(2022)		
Substance Use	American Society of	American Society of Addiction	https://asam.org/docs/default-
Disorder	Addiction Medicine	Medicine	source/quality-
	Clinical Practice		science/the_asam_clinical_practice_guideli
	Guideline on Alcohol		ne_on_alcohol-1.pdf?sfvrsn=ba255c2_2
	Withdrawal		
	Management (2020)		
Substance Use	American Psychiatric	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.117
Disorder	Association Practice		6/appi.books.9781615371969
	Guideline for the		
	Pharmacological		
	Treatment of Patients		
	with Alcohol Use		
	Disorder (Reviewed		
	2020)		
Substance Use	The National Practice	American Society of Addiction	https://asam.org/quality-care/clinical-
Disorder	Guideline for the	Medicine	guidelines/national-practice-guideline
	Treatment of Opioid		
	Use Disorder – 2020		
	Focused Update		
Cigarette Cessation	Medication for	Substance Abuse Mental Health	https://samhsa.gov/medication-assisted-
	Substance Use	Services Administration (SAMHSA)	treatment
	Disorders-		
	(Last Updated		
	February 1, 2024)		
Cigarette Cessation	Relearn Life Without	National Alliance for Tobacco	https://becomeanex.org/
	Cigarettes	Cessation (NATC)	
Cigarette Cessation	Identifying and	U.S. Department of Health and Human	https://millionhearts.hhs.gov/files/Tobacc
	Treating Patients Who	Services	o-Cessation-Action-Guide.pdf
	Use Tobacco		
	(July 2017)		

Condition/disease	Guideline title	Recognized source(s)	URL
Cigarette Cessation	ACC Expert Consensus	American College of Cardiology (ACC)	https://jacc.org/doi/pdf/10.1016/j.jacc.2018.
	Decision Pathway on		10.027
	Tobacco Cessation		
	Treatment (2018)		
Electronic Cigarettes	Electronic Cigarettes	Centers for Disease Control and	https://cdc.gov/tobacco/basic_information
		Prevention (CDC)	/e-cigarettes/index.htm
Electronic Cigarettes	American Academy of	American Academy of Pediatrics	https://publications.aap.org/pediatrics/art
	Pediatrics Policy	(AAP)	icle/143/2/e20183652/37305/E-Cigarettes-
	Statement E-Cigarettes		and-Similar-Devices
	and Similar Devices		
	(February 2019)		
All states offer free sma	king cessation telephone of	quit line services. Dialing 800-QUIT NOW <sup>,</sup>	will connect the caller to their state quit line.
Women's health			
Perinatal Depression	Perinatal Depression:	American Academy of Pediatrics	https://aafp.org/pubs/afp/issues/2019/100
	AAP Policy Statement	(AAP)	1/p443.pdf
	on Recognition and		
	Management (2019)		
Routine Antepartum	American Academy of	American Academy of Pediatrics	https://acog.org/clinical-
Care	Pediatrics, Guidelines	(AAP)	information/physician-faqs/-
	for Perinatal Care,	and American Congress of Obstetrics	/media/3a22e153b67446a6b31fb051e46918
	Eighth Edition	and Gynecology (ACOG)	7c.ashx
	(September 2017)		
Preventive Care	Women's Preventive	Health Resources and Services	https://hrsa.gov/womens-guidelines-
	Services Guidelines	Administration (HRSA)	2016/index.html
	(Last Reviewed 2022)		
Cancer Screening	Women's Health Care	American Congress of Obstetrics and	https://acog.org/womens-
	Physicians: Cervical	Gynecology (ACOG)	health/faqs/cervical-cancer-screening
	Cancer FAQs		
	(May 2023)		
Cancer Screening	Cervical Cancer:	U.S. Preventive Services Task Force	https://uspreventiveservicestaskforce.org/
5	Screening	(USPSTF)	uspstf/recommendation/cervical-cancer-
	(August 2018)		screening

Condition/disease	Guideline title	Recognized source(s)	URL
Diabetes and Pregnancy	Management of Diabetes in Pregnancy (January 2022)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/article/4 7/Supplement_1/S282/153948/15- Management-of-Diabetes-in-Pregnancy- Standards
Diabetes and Pregnancy	Gestational Diabetes Mellitus, Screening (August 2021)	United States Preventive Services Task Force (USPSTF)	https://uspreventiveservicestaskforce.org/ uspstf/recommendation/gestational- diabetes-mellitus- screening?ds=1ands=gestational%20diabe tes
Diabetes and Pregnancy	Gestational Diabetes	American Congress of Obstetrics and Gynecology (ACOG)	https://acog.org/clinical/clinical- guidance/practice- bulletin/articles/2018/02/gestational- diabetes-mellitus Members only
Care of Complications During Pregnancy	WHO recommendations for Prevention and treatment of pre- eclampsia and eclampsia (2011) Updates in 2018, 2020 2021	World Health Organization (WHO)	https://who.int/publications/i/item/978924 1548335
Care of Complications During Pregnancy	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020)	American Congress of Obstetrics and Gynecology (ACOG)/Society for Maternal Fetal Health (SMFH)	https://acog.org/- /media/project/acog/acogorg/clinical/files /committee- opinion/articles/2010/03/magnesium- sulfate-before-anticipated-preterm-birth- for-neuroprotection.pdf

Condition/disease	Guideline title	Recognized source(s)	URL
Care of Complications During Pregnancy	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://acog.org/clinical/clinical- guidance/practice- bulletin/articles/2018/12/pregestational- diabetes-mellitus
			Members only
Care of Complications During Pregnancy	Management of Preterm Labor Number 171 (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://acog.org/clinical/clinical- guidance/practice- bulletin/articles/2016/10/management-of- preterm-labor Members only
Care of Complications During Pregnancy	Chronic Hypertension in Pregnancy (January 2019)	American Congress of Obstetrics and Gynecology (ACOG)	https://acog.org/clinical/clinical- guidance/practice- bulletin/articles/2019/01/chronic- hypertension-in-pregnancy Members only
Substance Use Specific to Women	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2021)	American Congress of Obstetricians and Gynecologists (ACOG)	https://acog.org/clinical/clinical- guidance/committee- opinion/articles/2015/06/alcohol-abuse- and-other-substance-use-disorders- ethical-issues-in-obstetric-and- gynecologic-practice
Substance Use Specific to Women	Guidelines for the Identification and Management of Substance Use and Substance Use Disorders in Pregnancy (2014)	World Health Organization (WHO)	https://who.int/publications/i/item/978924 1548731

Condition/disease	Guideline title	Recognized source(s)	URL
Substance Use Specific	Substance Abuse and	Substance Abuse and Mental Health	https://store.samhsa.gov/sites/default/file
to Women	Mental Health Services Association Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder	Services Association	s/d7/priv/sma18-5054.pdf
	and Their Infants (May 2018)		
Equity in Healthcare	Importance of Social Determinants of Health and Cultural Awareness in the Delivery of Reproductive Health Care (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://acog.org/- /media/project/acog/acogorg/clinical/files /committee- opinion/articles/2018/01/importance-of- social-determinants-of-health-and- cultural-awareness-in-the-delivery-of- reproductive-health-care.pdf
Equity in Healthcare	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://acog.org/- /media/project/acog/acogorg/clinical/files /committee- opinion/articles/2018/08/marriage-and- family-building.pdf
Equity in Healthcare	Committee Opinion 586 Health Disparities in Rural Women (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://acog.org/- /media/project/acog/acogorg/clinical/files /committee- opinion/articles/2014/02/health- disparities-in-rural-women.pdf

Condition/disease	Guideline title	Recognized source(s)	URL
Smoking Cessation During Pregnancy	Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (Reaffirmed 2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://acog.org/clinical/clinical- guidance/committee- opinion/articles/2020/05/tobacco-and- nicotine-cessation-during-pregnancy
Smoking Cessation During Pregnancy	Need Help Putting Out That Cigarette?	American Congress of Obstetrics and Gynecology (ACOG)	http://tobacco- cessation.org/PDFs/NeedHelpBooklet.pdf
Smoking Cessation During Pregnancy	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic," an Innovative Web-Based Training for Healthcare Professionals	Dartmouth Medical School	https://ncbi.nlm.nih.gov/pmc/articles/PMC 4394722/
Other technology			
Telehealth	Guidelines for the Practice of Telepsychology (Last updated 2023)	American Psychological Association (APA)	https://apa.org/practice/guidelines/teleps ychology https://s21151.pcdn.co/wp- content/uploads/APA-Guideline-for-the- Practice-of-Telepsychology.pdf
Telehealth	Best Practices in Videoconferencing- Based Telemental Health (April 2018)	American Psychiatric Association (APA) and American Telemedicine Association (ATA)	https://s21151.pcdn.co/wp- content/uploads/APA-ATA-Best-Practices- in-Videoconferencing-Based-Telemental- Health.pdf
Telehealth	AACAP's Telepsychiatry Toolkit	American Academy of Child and Adolescent Psychiatry (AACAP)	https://aacap.org/AACAP/Clinical_Practice _Center/Business_of_Practice/Telepsychiatr y/toolkit_videos.aspx

## *Clinical Practice Guidelines* Page 27 of 27

Condition/disease	Guideline title	Recognized source(s)	URL
Telehealth	Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021)	American Society of Clinical Oncology (ASCO)	https://ascopubs.org/doi/full/10.1200/OP.2 1.00438
Telehealth	Telehealth and Telemedicine	American Academy of Family Physicians (AAFP)	https://aafp.org/family-physician/practice- and-career/managing-your- practice/telehealth-and-telemedicine.html
Social Work	Standards for Technology in Social Work Practice	National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education (CSWE) and Clinical Social Work Affiliation (CSWA)	Standards for Technology in Social Work Practice (socialworkers.org)