



Vanderbilt ADHD Diagnostic Parent Rating Scale

Parent's Name: _____ Today's Date: _____ Child's Name: _____ Age: _____

Directions: Each rating should be considered in the context of what is appropriate for the age of your child and should reflect that child's behavior in the last 6 months.

Is this evaluation based on a time when the child was on medication was not on medication not sure?

BEHAVIOR:	never	occasionally	often	very often
1. Does not pay attention to details or makes careless mistakes; for example, homework.	0	1	2	3
2. Has difficulty attending to what needs to be done.	0	1	2	3
3. Does not seem to listen when spoken to directly.	0	1	2	3
4. Does not follow through when given directions and fails to finish things.	0	1	2	3
5. Has difficulty organizing tasks and activities.	0	1	2	3
6. Avoids, dislikes, or does not want to start tasks that require ongoing mental effort.	0	1	2	3
7. Loses things needed for tasks or activities (assignments, pencils, or books).	0	1	2	3
8. Is easily distracted by noises or other things.	0	1	2	3
9. Is forgetful in daily activities.	0	1	2	3
10. Fidgets with hands or feet or squirms in seat.	0	1	2	3
11. Leaves seat when he/she is supposed to stay in his/her seat.	0	1	2	3
12. Runs about or climbs too much when he/she is supposed to stay seated.	0	1	2	3
13. Has difficulty playing or starting quiet games.	0	1	2	3
14. Is "on the go" or often acts as if "driven by a motor".	0	1	2	3
15. Talks too much.	0	1	2	3
16. Blurts out answers before questions have been completed.	0	1	2	3
17. Has difficulty waiting for his/her turn.	0	1	2	3
18. Interrupts or bothers others when they are talking or playing games.	0	1	2	3
19. Argues with adults.	0	1	2	3
20. Loses temper.	0	1	2	3
21. Actively disobeys or refuses to follow an adult's requests or rules.	0	1	2	3
22. Bothers people on purpose.	0	1	2	3
23. Blames others for his/her mistakes or misbehaviors.	0	1	2	3
24. Is touchy or easily annoyed by others.	0	1	2	3
25. Is angry or bitter.	0	1	2	3
26. Is hateful and wants to get even.	0	1	2	3
27. Bullies, threatens, or scares others.	0	1	2	3
28. Starts physical fights.	0	1	2	3
29. Lies to get out of trouble or to avoid jobs (i.e., "cons" others).	0	1	2	3
30. Skips school without permission.	0	1	2	3
31. Is physically unkind to people.	0	1	2	3
32. Has stolen things that have value.	0	1	2	3
33. Destroys others' property on purpose.	0	1	2	3
34. Is physically mean to animals.	0	1	2	3
35. Has set fires on purpose to cause damage.	0	1	2	3
36. Has broken into someone else's home, business or car.	0	1	2	3
37. Has stayed out at night without permission.	0	1	2	3
38. Has run away from home overnight.	0	1	2	3
39. Is fearful, anxious, or worried.	0	1	2	3
40. Is afraid to try new things for fear of making mistakes.	0	1	2	3
41. Feels useless or inferior.	0	1	2	3
42. Blames self for problems, feels at fault.	0	1	2	3
43. Feels lonely, unwanted, or unloved; complains that "no one loves him/her".	0	1	2	3
44. Is sad, unhappy, or depressed.	0	1	2	3
45. Feels different and easily embarrassed.	0	1	2	3

PERFORMANCE:					
How is your child doing?	Excellent	Above Average	Average	Somewhat of a Problem	Problematic
1. Rate how your child is doing in school overall.	1	2	3	4	5
2. How is your child doing in reading?	1	2	3	4	5
3. How is your child doing in writing?	1	2	3	4	5
4. How is your child doing in math?	1	2	3	4	5
5. How does your child get along with you?	1	2	3	4	5
6. How does your child get along with brothers and sisters?	1	2	3	4	5
7. How does your child get along with others his/her own age?	1	2	3	4	5
8. How does your child do in activities such as games or team play?	1	2	3	4	5

If more than six items from questions 1 - 9 or 10 -18 are rated 2 or 3, how old was your child when you first noticed these behaviors? _____

How to score the parent checklist

- A. For questions 1–9, add up the number of questions where the teacher circled a 2 or 3.
- B. For questions 10–18, add up the number of questions where the teacher circled a 2 or 3.
- C. For questions 36–43, add up the number of questions where the teacher circled a 4 or 5.

ADHD Predominantly Inattentive subtype (1 and 2):

At least 6 of questions 1–9 must score a 2 or 3 and

At least 1 of questions 36–43 must score a 4 or 5

ADHD Predominantly Hyperactive/Impulsive subtype

At least 6 of questions 10–18 must score a 2 or 3 and

At least 1 of questions 36–43 must score a 4 or 5

ADHD Combined Inattention/Hyperactivity subtype

At least 6 of questions 1–9 must score a 2 or 3 and

At least 6 of questions 10–18 must score a 2 or 3 and

At least 1 of questions 36–43 must score a 4 or 5