

## Clinical Utilization Management Guidelines

Attached is a list of the *Clinical Utilization Management (UM) Guidelines* Wellpoint has adopted.

The full list of *Medical Policies* and *Clinical UM Guidelines* are publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#) > Resources > Provider Policies, Guidelines & Manuals. Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

MCG Care Guidelines or InterQual® Level of Care Criteria (based on specific provider contracts) are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

In addition, for behavioral health services, the American Society for Addiction Medicine® (ASAM) Patient Placement Criteria is utilized for substance use disorder treatment authorizations, with the exception of detoxification which uses MCG Care Guidelines.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG Care Guidelines and InterQual Criteria.

**Note:** We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.0004*.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

## Clinical Utilization Management Guidelines

Texas | Medicaid

The *Clinical Utilization Management Guidelines (CUMG)* below, which are indicated as *new*, were adopted by the Medical Operations Committee for Wellpoint members on June 27, 2024.

To view a guideline, visit [Medical Policies and Clinical UM Guidelines](#).

CUMG Number	CUMG Title	New Item
CG-ADMIN-01	Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists	
CG-ANC-08	Mobile Device-Based Health Management Applications	
CG-DME-06	Compression Devices for Lymphedema	
CG-DME-31	Powered Wheeled Mobility Devices	
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch Devices	
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use	
CG-DME-44	Electric Tumor Treatment Field (TTF)	
CG-DME-46	Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting	
CG-DME-48	Vacuum Assisted Wound Therapy in the Outpatient Setting	
CG-DME-50	Automated Insulin Delivery Systems	
CG-DME-51	External Insulin Pumps	
CG-DME-52	Continuous Passive Motion Devices in the Home Setting	
CG-DME-53	Biomechanical Footwear Therapy	
CG-DME-54	Mechanical Insufflation-Exsufflation Devices	New
CG-DME-55	Automated External Defibrillators for Home Use	New
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain	
CG-LAB-10	Zika Virus Testing	
CG-LAB-11	Screening for Vitamin D Deficiency in Average Risk Individuals	
CG-LAB-12	Testing for Oral and Esophageal Cancer	
CG-LAB-13	Skin Nerve Fiber Density Testing	
CG-LAB-14	Respiratory Viral Panel Testing in the Outpatient Setting	
CG-LAB-17	Molecular Gastrointestinal Pathogen Panel (GIPP) Testing for Infectious Diarrhea in the Outpatient Setting	
CG-LAB-19	Laboratory Evaluation of Vitamin B12	
CG-LAB-20	Thyroid Testing	
CG-LAB-21	Serum Iron Testing	

CUMG Number	CUMG Title	New Item
CG-LAB-22	Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis	
CG-LAB-25	Outpatient Glycated Hemoglobin and Protein Testing	
CG-LAB-26	Outpatient Alpha-Fetoprotein Test	
CG-LAB-27	Human Chorionic Gonadotropin Testing	
CG-LAB-29	Gamma Glutamyl Transferase Testing	
CG-LAB-30	Outpatient Laboratory-based Blood Glucose Testing	
CG-LAB-32	Cancer Antigen 125 Testing	
CG-MED-05	Ketogenic Diet for Treatment of Intractable Seizures	
CG-MED-24	Electromyography and Nerve Conduction Studies	
CG-MED-26	Neonatal Levels of Care	
CG-MED-28	Iontophoresis	
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures	
CG-MED-35	Retinal Telescreening Systems	
CG-MED-37	Intensive Programs for Pediatric Feeding Disorders	
CG-MED-39	Bone Mineral Density Testing Measurement	
CG-MED-40	External Ambulatory Cardiac Monitors	
CG-MED-41	Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting	
CG-MED-45	Transrectal Ultrasonography	
CG-MED-46	Ambulatory Electroencephalography	
CG-MED-48	Scrotal Ultrasound	
CG-MED-49	Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders	
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials	
CG-MED-51	Three-Dimensional (3-D) Rendering of Imaging Studies	
CG-MED-52	Allergy Immunotherapy (Subcutaneous)	
CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography	
CG-MED-57	Cardiac Stress Testing with Electrocardiogram	
CG-MED-61	Preoperative Testing for Low-Risk Invasive Procedures and Surgeries	
CG-MED-62	Resting Electrocardiogram Screening in Adults	
CG-MED-64	Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins	
CG-MED-65	Manipulation Under Anesthesia	
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue	
CG-MED-69	Inhaled Nitric Oxide	
CG-MED-74	Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry	
CG-MED-76	Magnetic Source Imaging and Magnetoencephalography	
CG-MED-78	Anesthesia Services for Interventional Pain Management Procedures	

CUMG Number	CUMG Title	New Item
CG-MED-81	Ultrasound Ablation for Oncologic Indications	
CG-MED-83	Site of Care: Specialty Pharmaceuticals	
CG-MED-86	Enhanced External Counterpulsation in the Outpatient Setting	
CG-MED-88	Preimplantation Embryo Biopsy	
CG-MED-93	Navigational Bronchoscopy	
CG-MED-94	Vestibular Function Testing	
CG-MED-95	Transanal Irrigation	
CG-MED-96	Prefabricated External Infant Ear Molding Systems	
<b>CG-MED-97</b>	<b>Biofeedback and Neurofeedback</b>	<b>New</b>
CG-OR-PR-02	Prefabricated and Prophylactic Knee Braces	
CG-OR-PR-06	Spinal Orthoses: Thoracic-Lumbar-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumbar	
CG-OR-PR-08	Microprocessor Controlled Lower Limb Prosthesis	
CG-OR-PR-09	Microprocessor Controlled Knee-Ankle-Foot Orthosis	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift	
CG-SURG-05	Maze Procedure	
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib	
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury	
CG-SURG-09	Temporomandibular Disorders	
CG-SURG-11	Surgical Treatment for Dupuytren's Contracture	
CG-SURG-15	Endometrial Ablation	
CG-SURG-18	Septoplasty	
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)	
CG-SURG-25	Injection Treatment for Morton's Neuroma	
CG-SURG-28	Transcatheter Uterine Artery Embolization	
CG-SURG-29	Lumbar Discography	
CG-SURG-30	Tonsillectomy for Children with or without Adenoidectomy	
CG-SURG-31	Treatment of Keloids and Scar Revision	
CG-SURG-36	Adenoidectomy	
CG-SURG-46	Myringotomy and Tympanostomy Tube Insertion	
CG-SURG-51	Outpatient Cystourethroscopy	
CG-SURG-55	Cardiac Electrophysiological Studies (EPS) and Catheter Ablation	
CG-SURG-56	Diagnostic Fiberoptic Flexible Laryngoscopy	
CG-SURG-57	Diagnostic Nasal Endoscopy	
CG-SURG-58	Radioactive Seed Localization of Nonpalpable Breast Lesions	
CG-SURG-61	Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver	
CG-SURG-72	Endothelial Keratoplasty	
CG-SURG-73	Balloon Sinus Ostial Dilatation	

CUMG Number	CUMG Title	New Item
CG-SURG-75	Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions	
CG-SURG-76	Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty	
CG-SURG-77	Refractive Surgery	
CG-SURG-78	Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies	
CG-SURG-86	Endovascular/Endoluminal Repair of Aortic Aneurysms, Aortoiliac Disease, Aortic Dissection and Aortic Transection	
CG-SURG-87	Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring	
CG-SURG-88	Mastectomy for Gynecomastia	
CG-SURG-89	Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia	
CG-SURG-90	Mohs Micrographic Surgery	
CG-SURG-91	Minimally Invasive Ablative Procedures for Epilepsy	
CG-SURG-92	Paraesophageal Hernia Repair	
CG-SURG-93	Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction	
CG-SURG-96	Intraocular Telescope	
CG-SURG-98	Prostate Biopsy using MRI Fusion Techniques	
CG-SURG-101	Ablative Techniques as a Treatment for Barrett's Esophagus	
CG-SURG-102	Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy	
CG-SURG-103	Penile Circumcision	
CG-SURG-104	Intraoperative Neurophysiological Monitoring	
CG-SURG-105	Corneal Collagen Cross-Linking	
CG-SURG-106	Venous Angioplasty with or without Stent Placement or Venous Stenting Alone	
CG-SURG-108	Stereotactic Radiofrequency Pallidotomy	
CG-SURG-111	Open Sacroiliac Joint Fusion	
CG-SURG-112	Carpal Tunnel Decompression Surgery	
CG-SURG-113	Tonsillectomy with or without Adenoidectomy for Adults	
CG-SURG-114	Ophthalmic use of Nd: YAG Laser for Posterior Capsulotomy	
CG-SURG-115	Mechanical Embolectomy for Treatment of Stroke	
CG-SURG-116	Surgical Treatment of Hyperhidrosis	
CG-SURG-117	Balloon Dilation of the Eustachian Tubes	
CG-SURG-118	Intraocular Anterior Segment Aqueous Drainage Devices (without extraocular reservoir)	
CG-SURG-119	Treatment of Varicose Veins (Lower Extremities)	
CG-SURG-120	Vagus Nerve Stimulation	
CG-SURG-121	Fetal Surgery for Prenatally Diagnosed Malformations	
CG-THER-RAD-07	Intravascular Brachytherapy (Coronary and Non-Coronary)	

CUMG Number	CUMG Title	New Item
CG-TRANS-02	Kidney Transplantation	