

Clinical Utilization Management Guidelines

West Virginia | Mountain Health Trust

Attached is a list of the *Clinical UM Guidelines* Wellpoint has adopted.

The full list of *Medical Policies* and *Clinical Utilization Management (UM) Guidelines* are publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

MCG Care Guidelines are used only for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established Medical Policy or Clinical UM Guideline.

In addition, American Society of Addiction Medicine® (ASAM) criteria is used for substance abuse services according to state requirements. Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG care guidelines.

Note: We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.0004*.

If the request does not meet established criteria guidelines, it will be referred to the licensed physician reviewer with the appropriate clinical expertise to make a decision.

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The *Clinical Utilization Management Guidelines (CUMG)* indicated as new below were adopted by the Medical Operations Committee for Wellpoint members on March 28, 2024.

To view a guideline, visit [Provider Medical Policies | Wellpoint](#)

CUMG number	CUMG title	New item
CG-ADMIN-01	<i>Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists</i>	
CG-ANC-04	<i>Ambulance Services: Air and Water</i>	
CG-ANC-05	<i>Ambulance Services: Ground; Emergent</i>	
CG-ANC-06	<i>Ambulance Services: Ground; Nonemergent</i>	
CG-ANC-07	<i>Inpatient Interfacility Transfers</i>	
CG-BEH-14	<i>Intensive In-Home Behavioral Health Services</i>	
CG-BEH-15	<i>Activity Therapy for Autism Spectrum Disorders and Rett Syndrome</i>	
CG-DME-03	<i>Neuromuscular Stimulation in the Treatment of Muscle Atrophy</i>	
CG-DME-04	<i>Electrical Nerve Stimulation, Transcutaneous, Percutaneous</i>	
CG-DME-05	<i>Cervical Traction Devices for Home Use</i>	
CG-DME-06	<i>Compression Devices for Lymphedema</i>	
CG-DME-07	<i>Augmentative and Alternative Communication (AAC) Devices with Digitized or Synthesized Speech Output</i>	
CG-DME-08	<i>Infant Home Apnea Monitors</i>	
CG-DME-09	<i>Continuous Local Delivery of Analgesia to Operative Sites using an Elastomeric Infusion Pump During the Postoperative Period</i>	
CG-DME-10	<i>Durable Medical Equipment</i>	
CG-DME-12	<i>Home Phototherapy Devices for Neonatal Hyperbilirubinemia</i>	
CG-DME-13	<i>Lower Limb Prosthesis</i>	
CG-DME-15	<i>Hospital Beds and Accessories</i>	
CG-DME-16	<i>Pressure Reducing Support Systems Groups 1, 2 and 3</i>	
CG-DME-18	<i>Home Oxygen Therapy</i>	
CG-DME-19	<i>Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes</i>	

CUMG number	CUMG title	New item
CG-DME-20	<i>Orthopedic Footwear</i>	
CG-DME-21	<i>External Infusion Pumps for the Administration of Drugs in the Home or Residential Care Settings</i>	
CG-DME-22	<i>Ankle-Foot & Knee-Ankle-Foot Orthoses</i>	
CG-DME-23	<i>Lifting Devices for Use in the Home</i>	
CG-DME-24	<i>Wheeled Mobility Devices: Manual Wheelchairs — Standard, Heavy Duty and Lightweight</i>	
CG-DME-25	<i>Seat Lift Mechanisms</i>	
CG-DME-26	<i>Back-Up Ventilators in the Home Setting</i>	
CG-DME-31	<i>Powered Wheeled Mobility Devices</i>	
CG-DME-33	<i>Wheeled Mobility Devices: Manual Wheelchairs — Ultra Lightweight</i>	
CG-DME-34	<i>Wheeled Mobility Devices: Wheelchair Accessories</i>	
CG-DME-35	<i>Electric Breast Pumps</i>	
CG-DME-37	<i>Air Conduction Hearing Aids</i>	
CG-DME-39	<i>Dynamic Low-Load Prolonged-Duration Stretch Devices</i>	
CG-DME-40	<i>Noninvasive Electrical Bone Growth Stimulation of the Appendicular Skeleton</i>	
CG-DME-41	<i>Ultraviolet Light Therapy Delivery Devices for Home Use</i>	
CG-DME-42	<i>Continuous Glucose Monitoring Devices</i>	
CG-DME-43	<i>High Frequency Chest Compression Devices for Airway Clearance</i>	
CG-DME-44	<i>Electric Tumor Treatment Field (TTF)</i>	
CG-DME-45	<i>Ultrasound Bone Growth Stimulation</i>	
CG-DME-46	<i>Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting</i>	
CG-DME-47	<i>Noninvasive Home Ventilator Therapy for Respiratory Failure</i>	
CG-DME-48	<i>Vacuum Assisted Wound Therapy in the Outpatient Setting</i>	
CG-DME-50	<i>Automated Insulin Delivery Systems</i>	
CG-DME-51	<i>External Insulin Pumps</i>	
CG-DME-52	<i>Continuous Passive Motion Devices in the Home Setting</i>	
CG-DME-53	<i>Biomechanical Footwear Therapy</i>	New
CG-LAB-03	<i>Tropism Testing for HIV Management</i>	
CG-LAB-09	<i>Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain</i>	
CG-LAB-10	<i>Zika Virus Testing</i>	
CG-LAB-11	<i>Screening for Vitamin D Deficiency in Average Risk Individuals</i>	

CUMG number	CUMG title	New item
CG-LAB-12	<i>Testing for Oral and Esophageal Cancer</i>	
CG-LAB-13	<i>Skin Nerve Fiber Density Testing</i>	
CG-LAB-14	<i>Respiratory Viral Panel Testing in the Outpatient Setting</i>	
CG-LAB-15	<i>Red Blood Cell Folic Acid Testing</i>	
CG-LAB-16	<i>Serum Amylase Testing</i>	
CG-LAB-17	<i>Molecular Gastrointestinal Pathogen Panel (GIPP) Testing for Infectious Diarrhea in the Outpatient Setting</i>	
CG-LAB-19	<i>Laboratory Evaluation of Vitamin B12</i>	
CG-LAB-20	<i>Thyroid Testing</i>	
CG-LAB-21	<i>Serum Iron Testing</i>	
CG-LAB-22	<i>Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis</i>	
CG-LAB-24	<i>Outpatient Urine Culture</i>	
CG-LAB-26	<i>Outpatient Alpha-Fetoprotein Testing</i>	
CG-LAB-27	<i>Human Chorionic Gonadotropin Testing</i>	
CG-LAB-28	<i>Prostate Specific Antigen Testing</i>	
CG-LAB-29	<i>Gamma Glutamyl Transferase Testing</i>	
CG-LAB-30	<i>Outpatient Laboratory-based Blood Glucose Testing</i>	
CG-LAB-32	<i>Cancer Antigen 125 Testing</i>	New
CG-MED-02	<i>Esophageal pH Monitoring</i>	
CG-MED-05	<i>Ketogenic Diet for Treatment of Intractable Seizures</i>	
CG-MED-08	<i>Home Enteral Nutrition</i>	
CG-MED-19	<i>Custodial Care</i>	
CG-MED-21	<i>Anesthesia Services and Moderate ("Conscious") Sedation</i>	
CG-MED-23	<i>Home Health</i>	
CG-MED-24	<i>Electromyography and Nerve Conduction Studies</i>	
CG-MED-26	<i>Neonatal Levels of Care</i>	
CG-MED-28	<i>Iontophoresis</i>	
CG-MED-34	<i>Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures</i>	
CG-MED-35	<i>Retinal Telescreening Systems</i>	
CG-MED-37	<i>Intensive Programs for Pediatric Feeding Disorders</i>	
CG-MED-39	<i>Bone Mineral Density Testing Measurement</i>	
CG-MED-40	<i>External Ambulatory Cardiac Monitors</i>	
CG-MED-41	<i>Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting</i>	
CG-MED-42	<i>Maternity Ultrasound in the Outpatient Setting</i>	
CG-MED-45	<i>Transrectal Ultrasonography</i>	
CG-MED-46	<i>Electroencephalography and Video Electroencephalographic Monitoring</i>	

CUMG number	CUMG title	New item
CG-MED-47	<i>Fundus Photography</i>	
CG-MED-48	<i>Scrotal Ultrasound</i>	
CG-MED-49	<i>Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders</i>	
CG-MED-50	<i>Visual, Somatosensory and Motor Evoked Potentials</i>	
CG-MED-51	<i>Three-Dimensional (3-D) Rendering of Imaging Studies</i>	
CG-MED-52	<i>Allergy Immunotherapy (Subcutaneous)</i>	
CG-MED-53	<i>Cervical Cancer Screening Using Cytology and Human Papillomavirus Testing</i>	
CG-MED-54	<i>Strapping</i>	
CG-MED-56	<i>Non-Obstetrical Transvaginal Ultrasonography</i>	
CG-MED-57	<i>Cardiac Stress Testing with Electrocardiogram</i>	
CG-MED-59	<i>Upper Gastrointestinal Endoscopy in Adults</i>	
CG-MED-61	<i>Preoperative Testing for Low-Risk Invasive Procedures and Surgeries</i>	
CG-MED-62	<i>Resting Electrocardiogram Screening in Adults</i>	
CG-MED-64	<i>Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins</i>	
CG-MED-65	<i>Manipulation Under Anesthesia</i>	
CG-MED-68	<i>Therapeutic Apheresis</i>	
CG-MED-69	<i>Inhaled Nitric Oxide</i>	
CG-MED-70	<i>Wireless Capsule Endoscopy for Gastrointestinal Imagine and the Patency Capsule</i>	
CG-MED-71	<i>Chronic Wound Care in the Home or Outpatient Setting</i>	
CG-MED-73	<i>Hyperbaric Oxygen Therapy (Systemic/Topical)</i>	
CG-MED-74	<i>Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry</i>	
CG-MED-76	<i>Magnetic Source Imaging and Magnetoencephalography</i>	
CG-MED-78	<i>Anesthesia Services for Interventional Pain Management Procedures</i>	
CG-MED-79	<i>Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm Pacing Systems</i>	
CG-MED-81	<i>High Intensity Focused Ultrasound (HIFU) for Oncologic Indications</i>	
CG-MED-84	<i>Non-Obstetric Gynecologic Duplex Ultrasonography of the Abdomen and Pelvis in the Outpatient Setting</i>	
CG-MED-85	<i>Posterior Segment Optical Coherence Tomography</i>	
CG-MED-86	<i>Enhanced External Counterpulsation in the Outpatient Setting</i>	

CUMG number	CUMG title	New item
CG-MED-88	<i>Preimplantation Embryo Biopsy</i>	
CG-MED-89	<i>Home Parenteral Nutrition</i>	
CG-MED-90	<i>Chelation Therapy</i>	
CG-MED-91	<i>Remote Therapeutic and Physiologic Monitoring Services</i>	
CG-MED-93	<i>Navigational Bronchoscopy</i>	
CG-MED-94	<i>Vestibular Function Testing</i>	
CG-MED-95	<i>Transanal Irrigation</i>	
CG-MED-96	<i>Prefabricated External Infant Ear Molding Systems</i>	New
CG-OR-PR-02	<i>Prefabricated and Prophylactic Knee Braces</i>	
CG-OR-PR-03	<i>Custom-made Knee Braces</i>	
CG-OR-PR-04	<i>Cranial Remodeling Bands and Helmets (Cranial Orthotics)</i>	
CG-OR-PR-05	<i>Myoelectric Upper Extremity Prosthesis Devices</i>	
CG-OR-PR-06	<i>Spinal Orthoses: Thoracic-Lumber-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumber</i>	
CG-OR-PR-08	<i>Microprocessor Controlled Lower Limb Prosthesis</i>	
CG-OR-PR-09	<i>Microprocessor Controlled Knee-Ankle-Foot Orthosis</i>	
CG-REHAB-02	<i>Outpatient Cardiac Rehabilitation</i>	
CG-REHAB-03	<i>Pulmonary Rehabilitation</i>	
CG-REHAB-07	<i>Skilled Nursing and Skilled Rehabilitation Services (Outpatient)</i>	
CG-REHAB-08	<i>Private Duty Nursing in the Home Setting</i>	
CG-REHAB-12	<i>Rehabilitative and Habilitative Services in the Home Setting: Physical Medicine/Physical Therapy, Occupational Therapy and Speech-Language Pathology</i>	
CG-SURG-01	<i>Colonoscopy</i>	
CG-SURG-03	<i>Blepharoplasty, Blepharoptosis Repair and Brow Lift</i>	
CG-SURG-05	<i>Maze Procedure</i>	
CG-SURG-07	<i>Vertical Expandable Prosthetic Titanium Rib</i>	
CG-SURG-08	<i>Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury</i>	
CG-SURG-09	<i>Temporomandibular Disorders</i>	
CG-SURG-10	<i>Ambulatory or Outpatient Surgery Center Procedures</i>	
CG-SURG-11	<i>Surgical Treatment for Dupuytren's Contracture</i>	
CG-SURG-12	<i>Penile Prosthesis Implantation</i>	
CG-SURG-15	<i>Endometrial Ablation</i>	
CG-SURG-17	<i>Trigger Point Injections</i>	
CG-SURG-18	<i>Septoplasty</i>	
CG-SURG-24	<i>Functional Endoscopic Sinus Surgery (FESS)</i>	
CG-SURG-25	<i>Injection Treatment for Morton's Neuroma</i>	

CUMG number	CUMG title	New item
CG-SURG-28	<i>Transcatheter Uterine Artery Embolization</i>	
CG-SURG-29	<i>Lumbar Discography</i>	
CG-SURG-30	<i>Tonsillectomy for Children with or without Adenoidectomy</i>	
CG-SURG-31	<i>Treatment of Keloids and Scar Revision</i>	
CG-SURG-36	<i>Adenoidectomy</i>	
CG-SURG-37	<i>Destruction of Pre-Malignant Skin Lesions</i>	
CG-SURG-40	<i>Cataract Removal Surgery for Adults</i>	
CG-SURG-41	<i>Surgical Strabismus Correction</i>	
CG-SURG-46	<i>Myringotomy and Tympanostomy Tube Insertion</i>	
CG-SURG-50	<i>Assistant Surgeons</i>	
CG-SURG-51	<i>Outpatient Cystourethroscopy</i>	
CG-SURG-55	<i>Cardiac Electrophysiological Studies (EPS) and Catheter Ablation</i>	
CG-SURG-56	<i>Diagnostic Fiberoptic Flexible Laryngoscopy</i>	
CG-SURG-57	<i>Diagnostic Nasal Endoscopy</i>	
CG-SURG-58	<i>Radioactive Seed Localization of Nonpalpable Breast Lesions</i>	
CG-SURG-61	<i>Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver</i>	
CG-SURG-70	<i>Gastric Electrical Stimulation</i>	
CG-SURG-71	<i>Reduction Mammoplasty</i>	
CG-SURG-72	<i>Endothelial Keratoplasty</i>	
CG-SURG-73	<i>Balloon Sinus Ostial Dilation</i>	
CG-SURG-75	<i>Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions</i>	
CG-SURG-76	<i>Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty</i>	
CG-SURG-77	<i>Refractive Surgery</i>	
CG-SURG-78	<i>Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies</i>	
CG-SURG-79	<i>Implantable Infusion Pumps</i>	
CG-SURG-81	<i>Cochlear Implants and Auditory Brainstem Implants</i>	
CG-SURG-82	<i>Bone-Anchored and Bone Conduction Hearing Aids</i>	
CG-SURG-83	<i>Bariatric Surgery and Other Treatments for Clinically Severe Obesity</i>	
CG-SURG-84	<i>Mandibular/Maxillary (Orthognathic) Surgery</i>	
CG-SURG-87	<i>Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring</i>	
CG-SURG-88	<i>Mastectomy for Gynecomastia</i>	

CUMG number	CUMG title	New item
CG-SURG-89	<i>Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia</i>	
CG-SURG-90	<i>Mohs Micrographic Surgery</i>	
CG-SURG-91	<i>Minimally Invasive Ablative Procedures for Epilepsy</i>	
CG-SURG-92	<i>Paraesophageal Hernia Repair</i>	
CG-SURG-93	<i>Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction</i>	
CG-SURG-94	<i>Keratoprosthesis</i>	
CG-SURG-95	<i>Sacral Nerve Stimulation and Percutaneous Tibial Nerve Stimulation for Urinary and Fecal Incontinence; Urinary Retention</i>	
CG-SURG-96	<i>Intraocular Telescope</i>	
CG-SURG-98	<i>Prostate Biopsy using MRI Fusion Techniques</i>	
CG-SURG-99	<i>Panniculectomy and Abdominoplasty</i>	
CG-SURG-100	<i>Laser Trabeculoplasty and Laser Peripheral Iridotomy</i>	
CG-SURG-101	<i>Ablative Techniques as a Treatment for Barrett's Esophagus</i>	
CG-SURG-102	<i>Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy</i>	
CG-SURG-103	<i>Penile Circumcision</i>	
CG-SURG-104	<i>Intraoperative Neurophysiological Monitoring</i>	
CG-SURG-105	<i>Corneal Collagen Cross-Linking</i>	
CG-SURG-106	<i>Venous Angioplasty with or without Stent Placement or Venous Stenting Alone</i>	
CG-SURG-108	<i>Stereotactic Radiofrequency Pallidotomy</i>	
CG-SURG-111	<i>Open Sacroiliac Joint Fusion</i>	
CG-SURG-112	<i>Carpal Tunnel Decompression Surgery</i>	
CG-SURG-113	<i>Tonsillectomy with or without Adenoidectomy for Adults</i>	
CG-SURG-114	<i>Ophthalmic use of Nd: YAG Laser for Posterior Capsulotomy</i>	
CG-SURG-115	<i>Mechanical Embolectomy for Treatment of Stroke</i>	
CG-SURG-116	<i>Surgical Treatment of Hyperhidrosis</i>	
CG-SURG-117	<i>Balloon Dilation of the Eustachian Tubes</i>	
CG-SURG-118	<i>Intraocular Anterior Segment Aqueous Drainage Devices (without extraocular reservoir)</i>	New
CG-SURG-119	<i>Treatment of Varicose Veins (Lower Extremities)</i>	New
CG-SURG-120	<i>Vagus Nerve Stimulation</i>	New
CG-SURG-121	<i>Fetal Surgery for Prenatally Diagnosed Malformations</i>	New
CG-THER-RAD-07	<i>Intravascular Brachytherapy (Coronary and Non-Coronary)</i>	